



Desk Control Basic ver. 3.0.6  
Data sheet

# Desk Control Basic

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Desk Control Basic is a DESKLINE® software desk panel for use in all types of office desks. The Desk Control Basic software is to be installed in your computer (PC or MAC) making the use/adjustment of your desk very intuitive in your daily work. The software program contains the typical desk panel features like up, down adjustment, up to 3 memory positions and height read-out. Additionally, the program reminds you to adjust your desk, counting the time standing as well as the calories burned. –The intervals are self-elected making Desk Control Basic a very personal tool.

Desk Control Basic works with all LINAK DESKLINE systems. Simply connect the USB2LIN06 cable between your control box and your computer and download the Desk Control Basic software. If you prefer a wireless connection, plug the Bluetooth® Adapter in your control box and download the Desk Control Basic software. Optional it is possible to connect a standard desk panel to the system to ensure adjustment of the desk while the computer is turned off.



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## Features:

- Desk Control Basic software for operating all DESKLINE parallel systems
- Up to 3 memory positions
- Track total number of desk adjustments from a sit to stand position
- Count standing minutes and calories burned while standing
- Prompt users to stand up and work with adjustable reminders
- Up and down drive
- Displays actual desk height
- Possible to export statistics to excel sheets
- Available for PC, Mac and Surface tablets
- Available in English, German, French, Spanish, Italian, Korean, Chinese and Japanese
- Displays error codes
- Cabled or wireless connection between PC/Mac and the control box

## Options:

- Customised GUI (graphic user interface)

## Usage:

- USB2LIN06 (USB cable) or Bluetooth® Adapter for connection between the control box and your computer
- Compatible with DESKLINE systems based on CBD6S or CBD4A (Advanced)
- Compatible with PC and MAC

**System requirements with USB2LIN06 cable:**

Communication between PC/Mac and the CBD control box requires a USB2LIN06 cable from LINAK.

Desk Control Basic is backwards compatible with CBD4A systems (sw 0077432 version 1.22 or later) and all CBD6S systems

**OS requirements:**

- Windows 7 (with .NET version 4.5\*)
- Windows 8 or higher Operating System
- Mac OS (minimum OS 10.7)

(\* if .NET is not installed already on your computer, you will be asked to install the program during installation of Desk Control Basic. NET Framework is a Microsoft program and free of charge)

**System requirements with Bluetooth® Adapter:**

Communication between PC/Mac and the control box can also be done via the Bluetooth® Adapter from LINAK.

**OS requirements:**

- Windows 8.1 or higher Operating System
- Mac OS (minimum OS 10.7)

**The program:**

Desk Control Basic is generally 3 screenshots:

1. The **standard view** with the current status on today's goals, memory buttons and readout height
2. The **"settings"** view where you set your data and decide how you would like to be reminded and if you want the data to be in time/minutes or burned calories
3. The **"history"** view where you find your statistics (day, week, month, year) and have the possibility to export data to excel format

Below find screenshots of the program.

The standard view, calorie view:

The % mentioned is how far you are in reaching the goal of the day

The number in the circle tells you the number of calories burned today

The number in the circle is the number of minutes in the current session (self-elected period)

Table height is the actual table height.

3 memory positions

Click to go to the "History" view or "settings" view. Alternatively press the Down or the Up button and adjust your desk

The standard view, time mode view:

The % mentioned is how far you are in reaching the goal of the day.

The number in the circle tells you how many minutes you have been standing today.

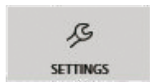
The number in the circle is the number of minutes in the current session (self-elected period).

Table height is the actual table height.

3 memory positions.

Click to go to the "History" view or "settings" view. Alternatively press the Down or the Up button and adjust your desk.

## Settings view:



Under settings you choose if you want to have your setup in the standard view showing calories or time.

### Calories chosen

Measure your actual table height and add the number here

Decide how many sessions you would like to have each hour (max 6)

The image shows the LINAK Setup application window. At the top, there are two tabs: "Calories" (selected) and "Time". Below the tabs, there are two input fields: "Current table height" with a value of 77 cm and "Your weight" with a value of 81 Kg. Below these is a question: "How many calories do you want to burn standing today?". There are five circular buttons with values 50, 100, 150, 200, and 250. The 250 button is selected and highlighted with a blue ring. Below the buttons is a slider bar. Below the slider is another input field: "Number of sessions" with a value of 3 each hour and "30 mins standing each session". At the bottom, there are three radio buttons for "STANDING", "SEMI SEATED", and "FULL SEATED". A "SAVE" button is in the bottom right corner.

Set your weight here to get an accurate readout in calories (or keep the preselected value)

Choose how many calories you would like to burn per day

### Time chosen

Measure your actual table height and add the number here

Decide how many sessions you would like to have each hour (max 6)

The image shows the LINAK Setup application window. At the top, there are two tabs: "Calories" and "Time" (selected). Below the tabs, there are two input fields: "Current table height" with a value of 77 cm and "Your weight" with a value of 81 Kg. Below these is a question: "How many minutes do you want to stand each hour?". There are five circular buttons with values 10, 15, 20, 30, and 40. The 20 button is selected and highlighted with a blue ring. Below the buttons is a slider bar. Below the slider is another input field: "Number of sessions" with a value of 3 each hour and "20 mins standing each session". At the bottom, there are three radio buttons for "STANDING", "SEMI SEATED", and "FULL SEATED". A "SAVE" button is in the bottom right corner.

Set your weight here to get an accurate readout in time/calories (or keep the preselected value)

Choose how many minutes you would like to stand up each hour

**Common functions for both Calories and time in the Settings view:**

- How to store memory positions
- Link to "more info"
- Link to Moving is living (website)

By clicking:

"Click for more info" you open a new window and go to the **Desk Control Basic product page** on the LINAK website where you find more information about the [Link](#)

"Moving is living" you go to the "Moving Desks" website where you find more information about height adjustable desks and why you should use your desk. [Link](#)



**Optional: Set you memory positions.**

Press the relevant button and it opens up. By pressing up or down the desk drives to the selected position and by pressing ok the position is chosen.

The positions are stored when pressing the "Save" button and leaving the setting view

**History view**



Under "history view" you find the statistics on how you use your desk.

The actual statistics

Export the data to Excel



Choose between statistics per:

Day

Week

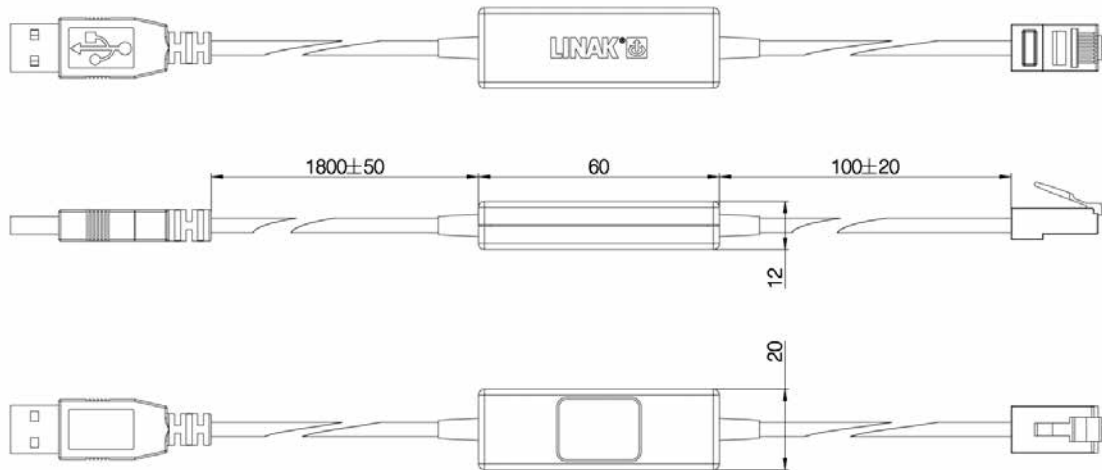
Month or year

### Connection

To get the Desk Control Basic software to work you need the USB cable or the Bluetooth® Adapter that connects the DESKLINE control box to the desk.

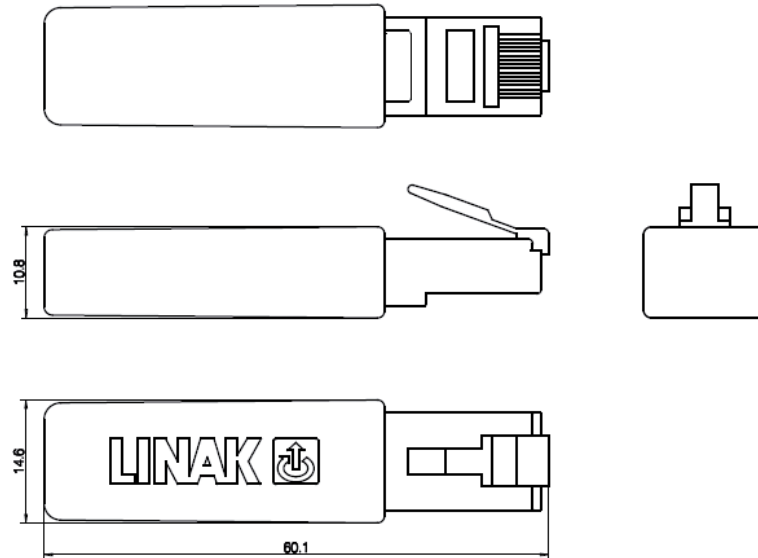
### USB2LIN06 USB cable

The USB cable ensures the communication between the control box and your computer



## BLE2LIN, Bluetooth® Adapter

The Bluetooth® Adapter ensures the communication between the control box and your computer.



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